



YEDSpring2023 Leaders Summit Youth Roadmap to our Future

MAY 24, 2023 | 4:00 – 6:00 pm



Bernadette Austin
CivicWell CEO



Garth Lewis
County Superintendent of Schools

ROADMAP TO THE FUTURE

FOR YOLO COUNTY
CHILDREN AND YOUTH

YEDTalks

Yolo, Education and Discovery

Ideas Worth Sharing!

YEDTalks Needs Assessment Overview

MAY 24, 2023 | 4:00 – 6:00 pm

Yolo County
OFFICE OF
EDUCATION


valley vision
Community Inspired Solutions

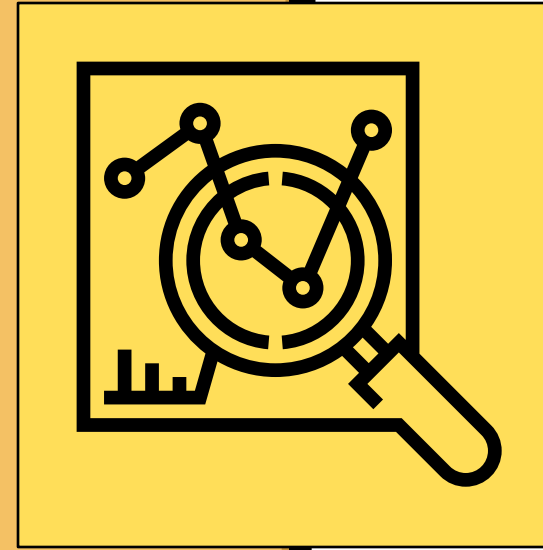
Purpose and Mission

For 28 years, Valley Vision has served as a trusted nonprofit civic leadership organization in the region, driven by a “triple bottom line” approach of co-equally advancing social equity, economic prosperity, and environmental sustainability, and with a proven record in bringing diverse groups together to develop long-term solutions to the region’s greatest problems. This history of civic leadership and engagement runs across local, regional and statewide platforms, and across sectors and disciplines.



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Community Inspired Solutions

Yolo County Needs Assessment Components



Data and Statistics

A collection of secondary quantitative data from readily available public sources, focused on youth aged zero to 24 with input from the Yolo County Office of Education



Interviews and Small Groups

Interviews conducted with community partners and youth groups on the current needs of youth and the state of youth services in the county



Community Engagement

Needs Assessment themes were shared with community members in Round 2 engagement meetings; feedback and input will be utilized to refine the final report

Key Countywide and Community Themes



**Accessible Youth Enrichment
Activities**

**Youth Services and Basic
Needs**

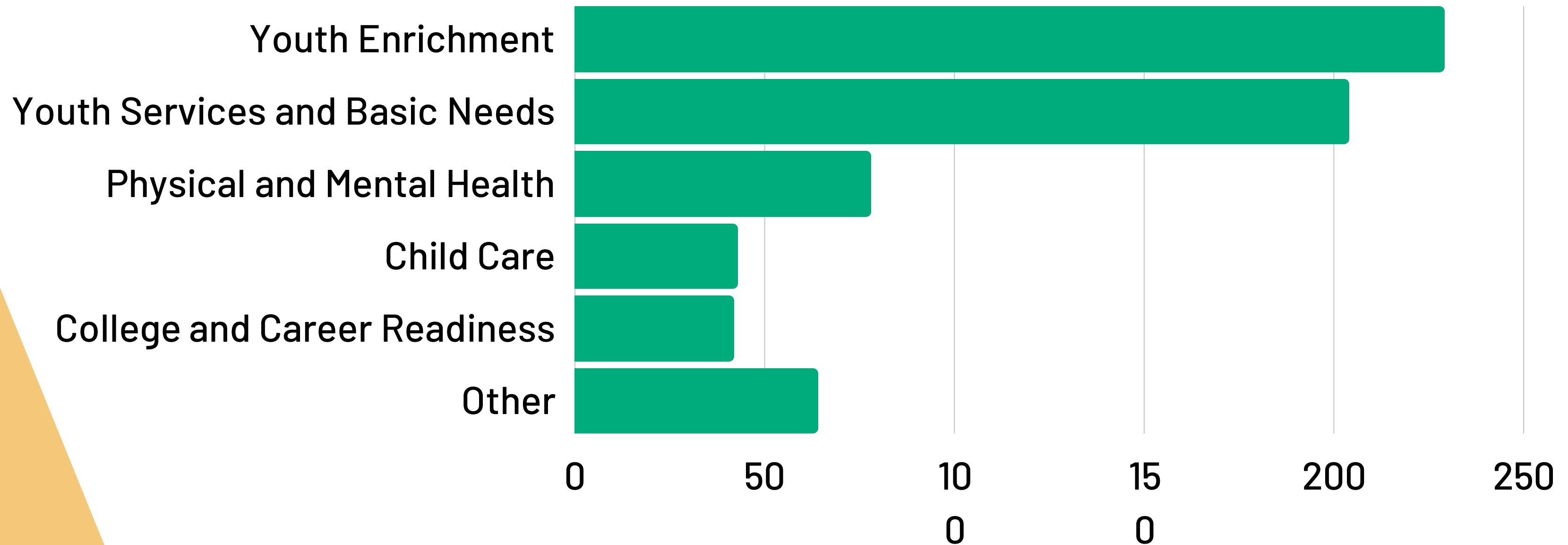
**Physical and Mental Health
Support**

College and Career Readiness

**Accessible and Affordable
Child Care**

Most Requested Assets

County-Wide



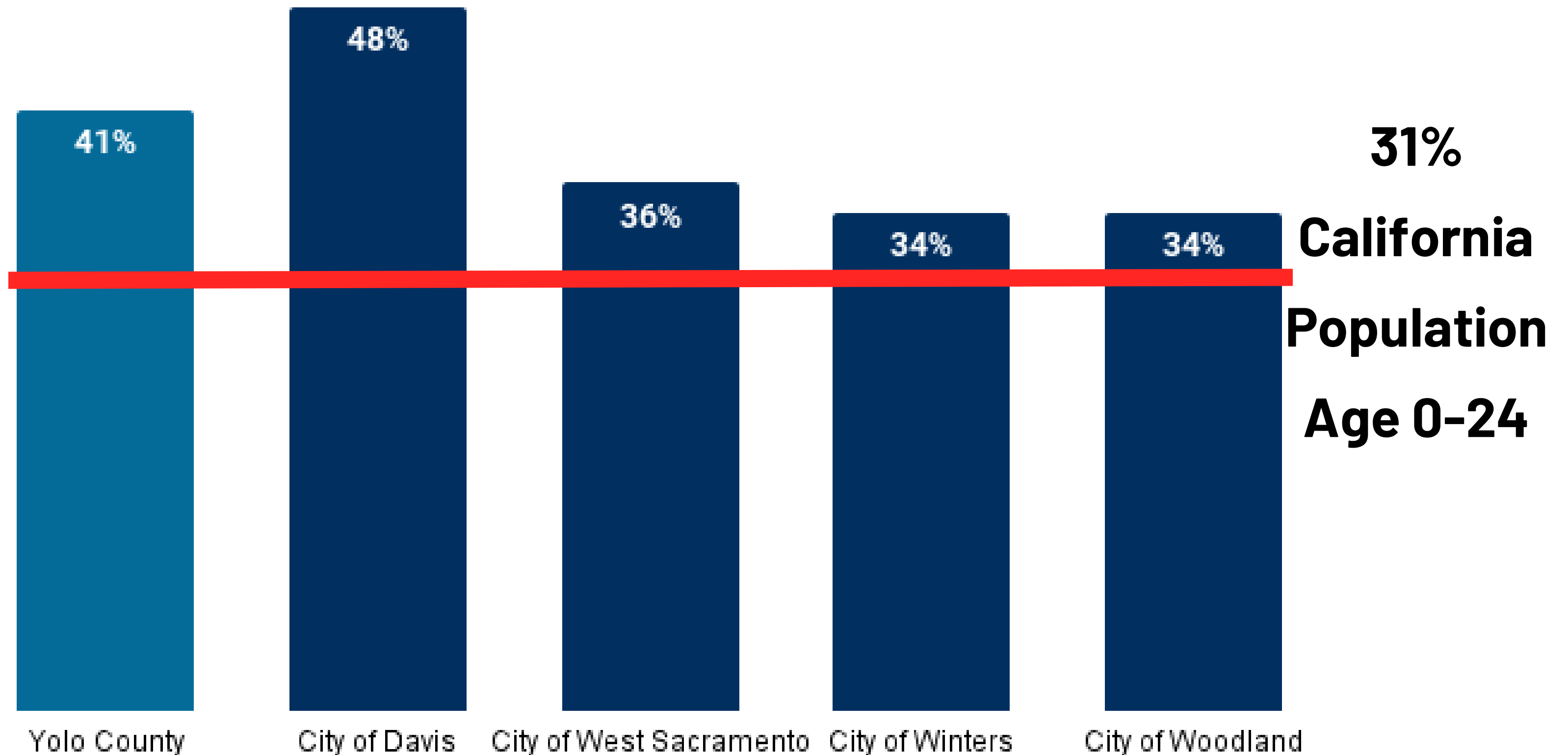
Accessible Youth Enrichment Activities

Conditions in Yolo County

Yolo County has a greater share of people under 24 than the state as a whole.



Percent of the Population Age 0 – 24



Accessible Youth Enrichment Activities

**Community
partners
say....**

**We need for
affordable, safe
gathering spaces
outside of school,
especially for LGBTQ**

**We should embed
services and
programs in schools -
they are community
assets!**

**Accessible
transportation is a
challenge - we need
more satellite services**

**We need free and low
cost after school
programs**

Accessible Youth Enrichment Activities

Youth say....

Transportation
should be
available for
after school
activities

We need a teen
center that has fun
things to do and
services like
tutoring

There is
nowhere to
hangout, we
hangout in a
parking lot

Outside of school,
there isn't much to
do in our
communities
[rural]

When kids don't
have things to do,
they start getting
into trouble

Youth Services and Basic Needs

Conditions in Yolo County

Yolo County is doing better compared to California in

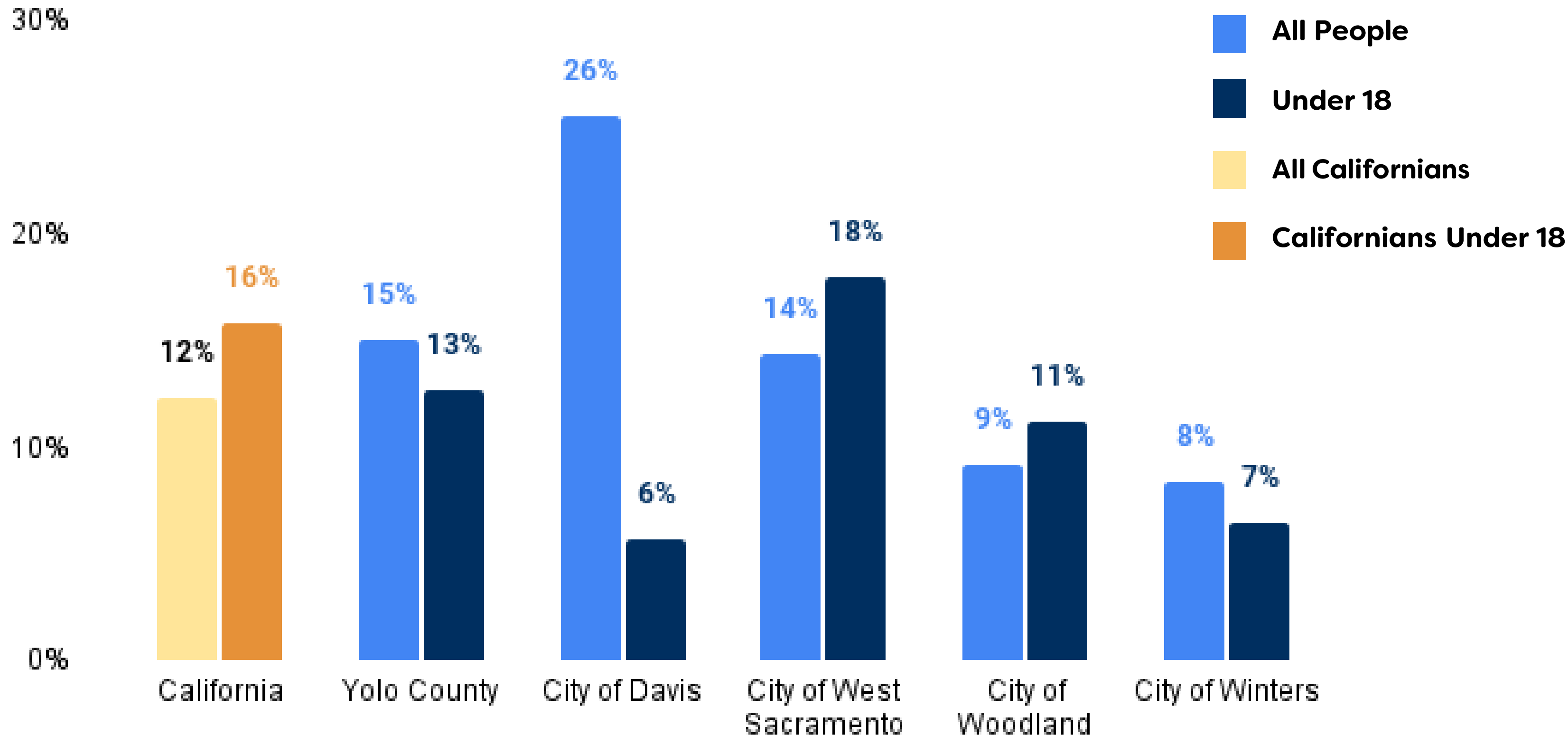
Poverty rate for those under 18

Yolo County is doing worse compared to California in

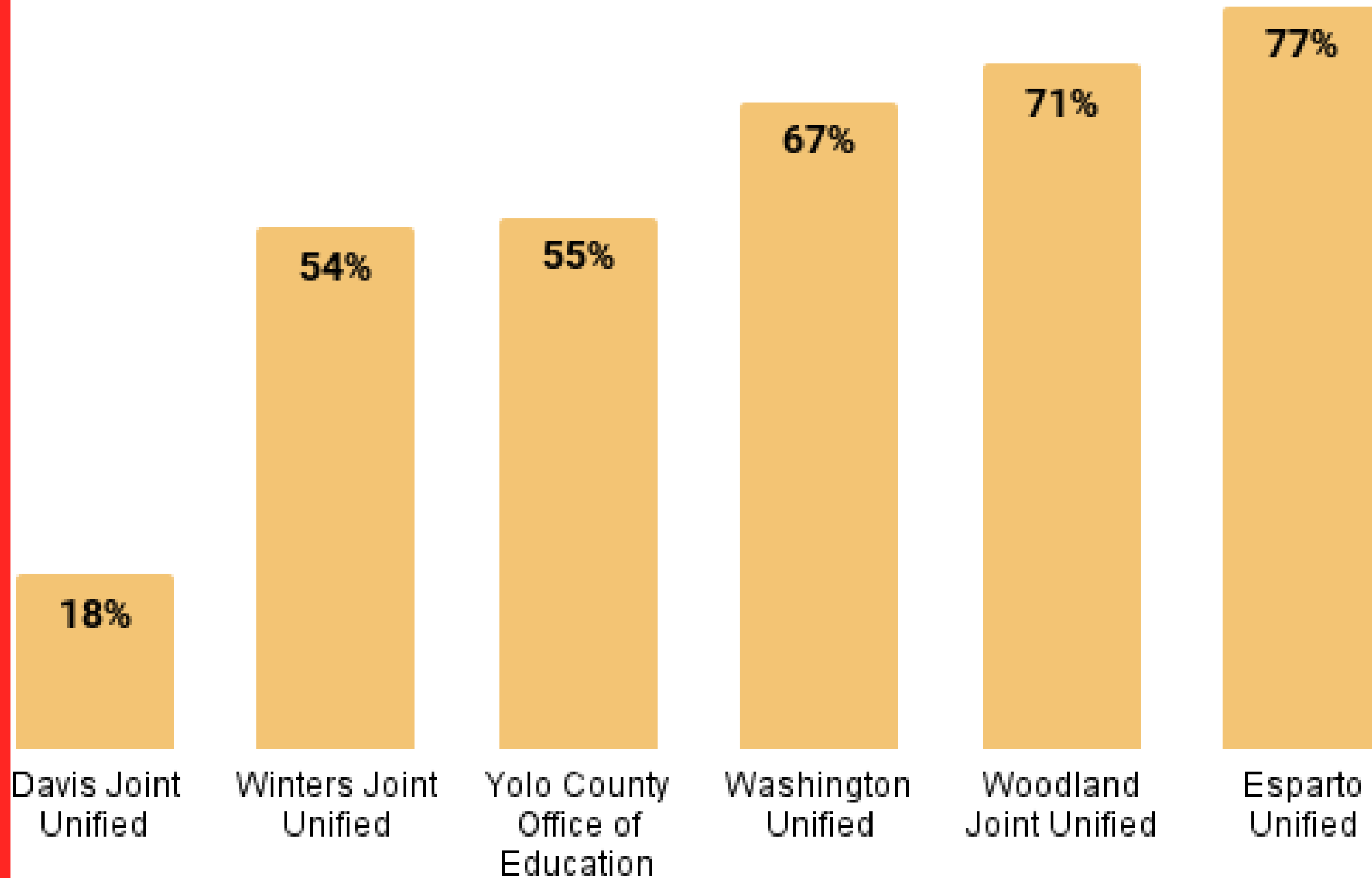
Total poverty rate
Median household income
Home ownership rate



Poverty Rate for All People and Under 18



Students Who Qualify for Free and Reduced-Price Lunch



Youth Services and Basic Needs

Community Partners Say...

We need stronger outreach and support for struggling youth

We need an ongoing lead to continue collaboration efforts

We need trusted liaisons to help youth connect to services

Urban and rural communities have unequal access to resources

There is a high need for flexible funding to fill in the gaps for basic needs

Youth Services and Basic Needs

Youth Say...

There are a lot of potholes, flickering lights, and homeless people in our community

We need more school counselors that can show us where services are

Our internet is not good where we live, it makes it hard to do our homework or anything online

Our schools get bomb threats and we sometimes don't have open bathrooms for a week at a time due to kids vaping

We only have access to resources through our schools

Transportation is a really big issue. We can't do after school programs because we can't get rides (more so in rural communities)

Physical and Mental Health Support

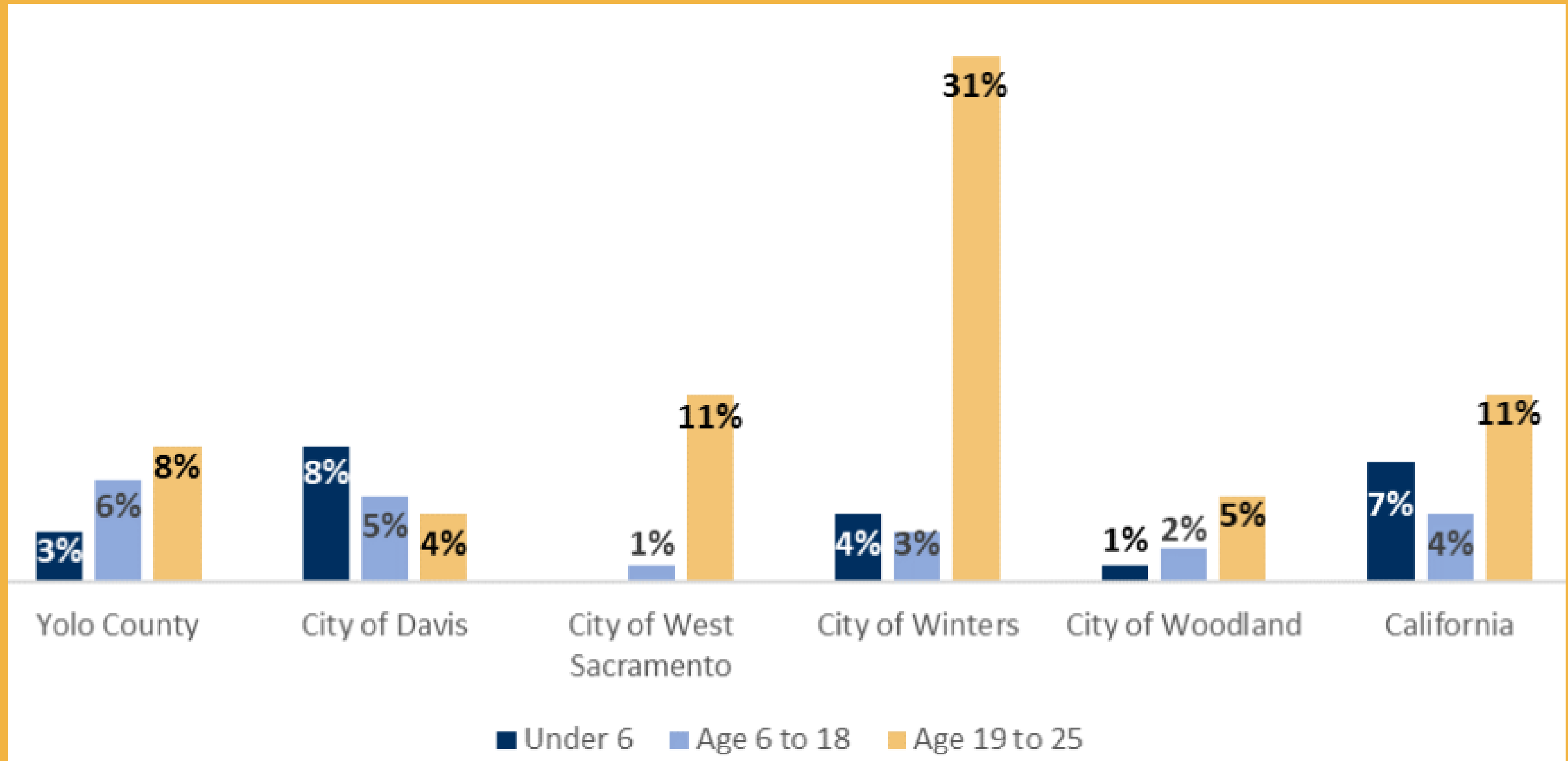
Youth Conditions in Yolo County



Yolo County has a high rate of uninsured youth aged 19 to 25, particularly in West Sacramento, Winters, and Woodland.



Percent Uninsured



Physical and Mental Health Support

Community Partners Say...

Need more diverse practitioners and culturally responsive services for youth and parents

Family support services are needed in addition to direct services for youth

Need multilingual mental and physical healthcare

Family support services are needed in addition to direct services for youth

Family support services are needed in addition to direct services for youth

Physical and Mental Health Support

Youth Say...

Our schools need more mental health counselors

We need easily accessible mental health resources in our schools

I do not have someone to express mental health concerns with

We need people that can help students with vaping problems instead of just punishing them

Mental health support needs to have its stigma removed

College and Career Readiness

Conditions in Yolo County



Yolo County has a lower percentage of college-educated residents and lower youth graduation rates compared to the state average.



Yolo County has below-average college attendance and completion rates.

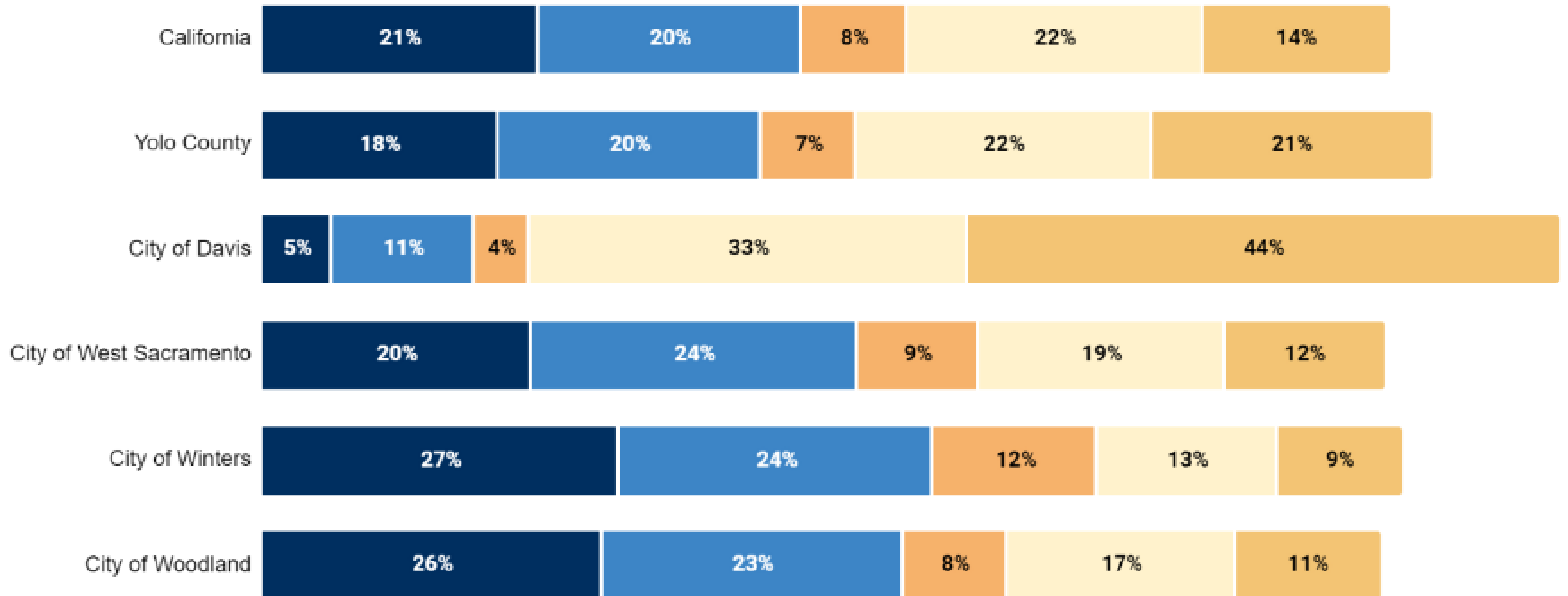


The majority of jobs are in the service industry, which pays less and typically requires less education.

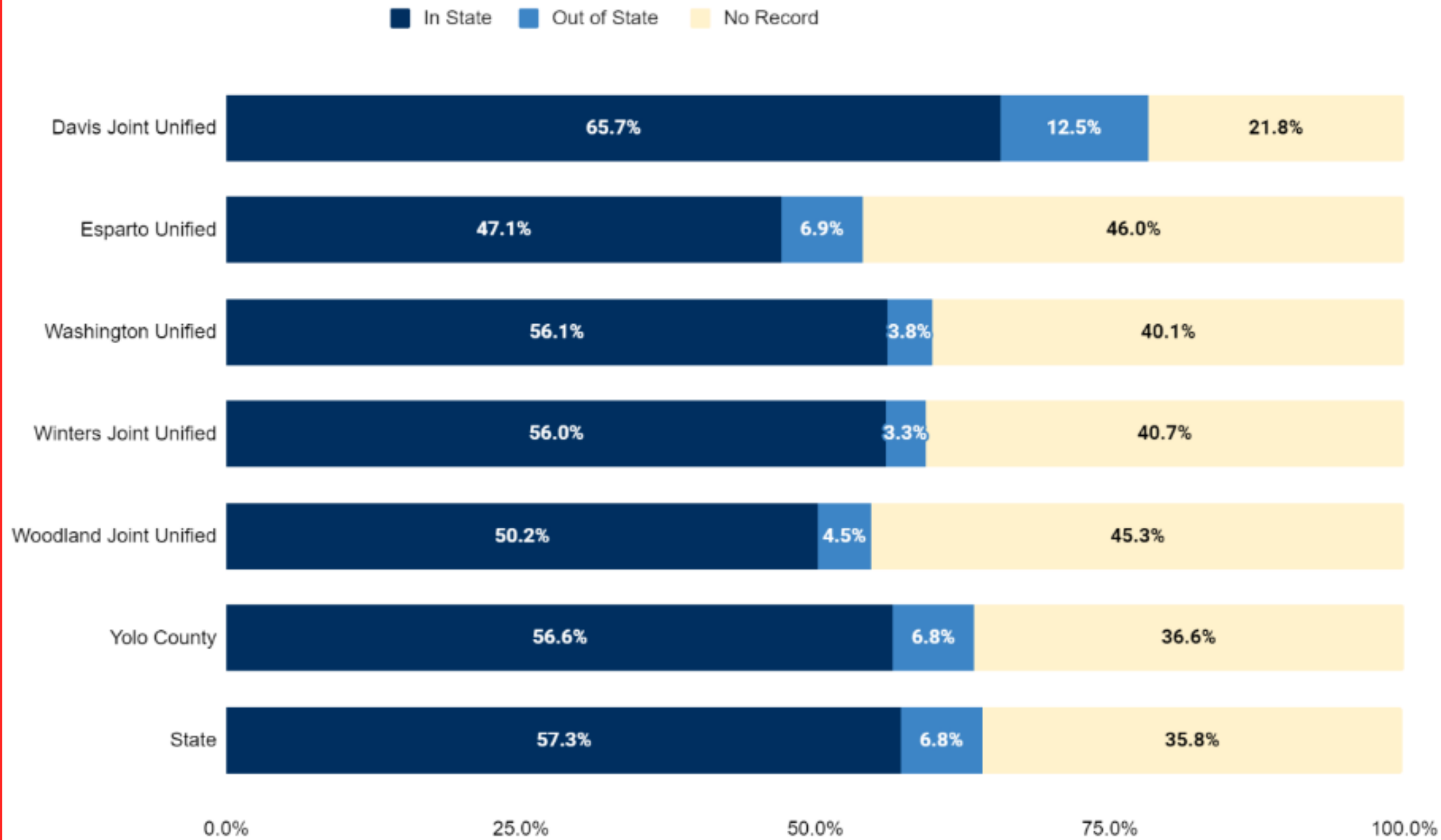
"Our friends barely graduate high school and don't make it to college."

Educational Attainment

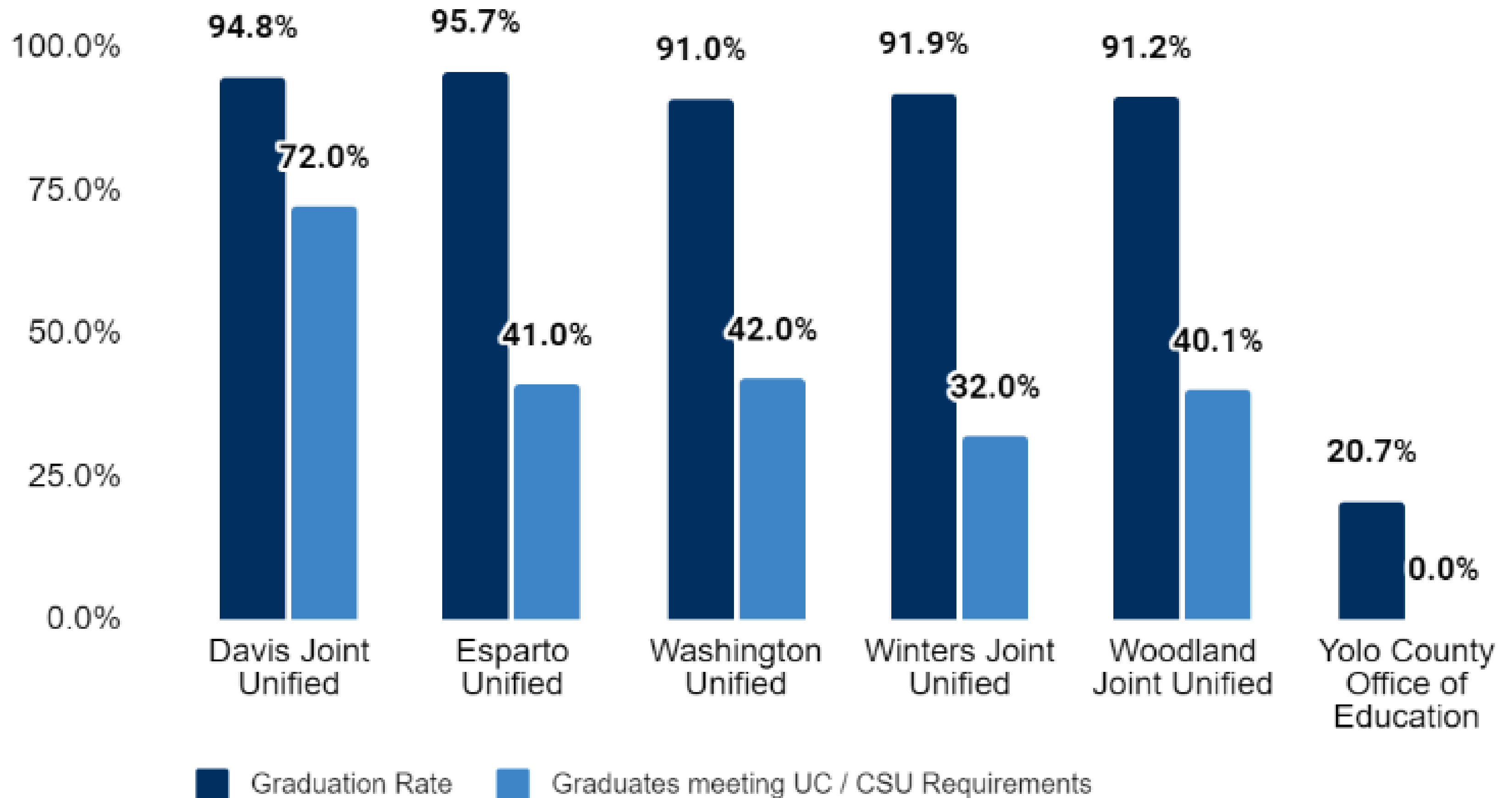
■ High School or Equivalent ■ Some college, no degree ■ Associate's degree ■ Bachelor's degree ■ Graduate or professional degree



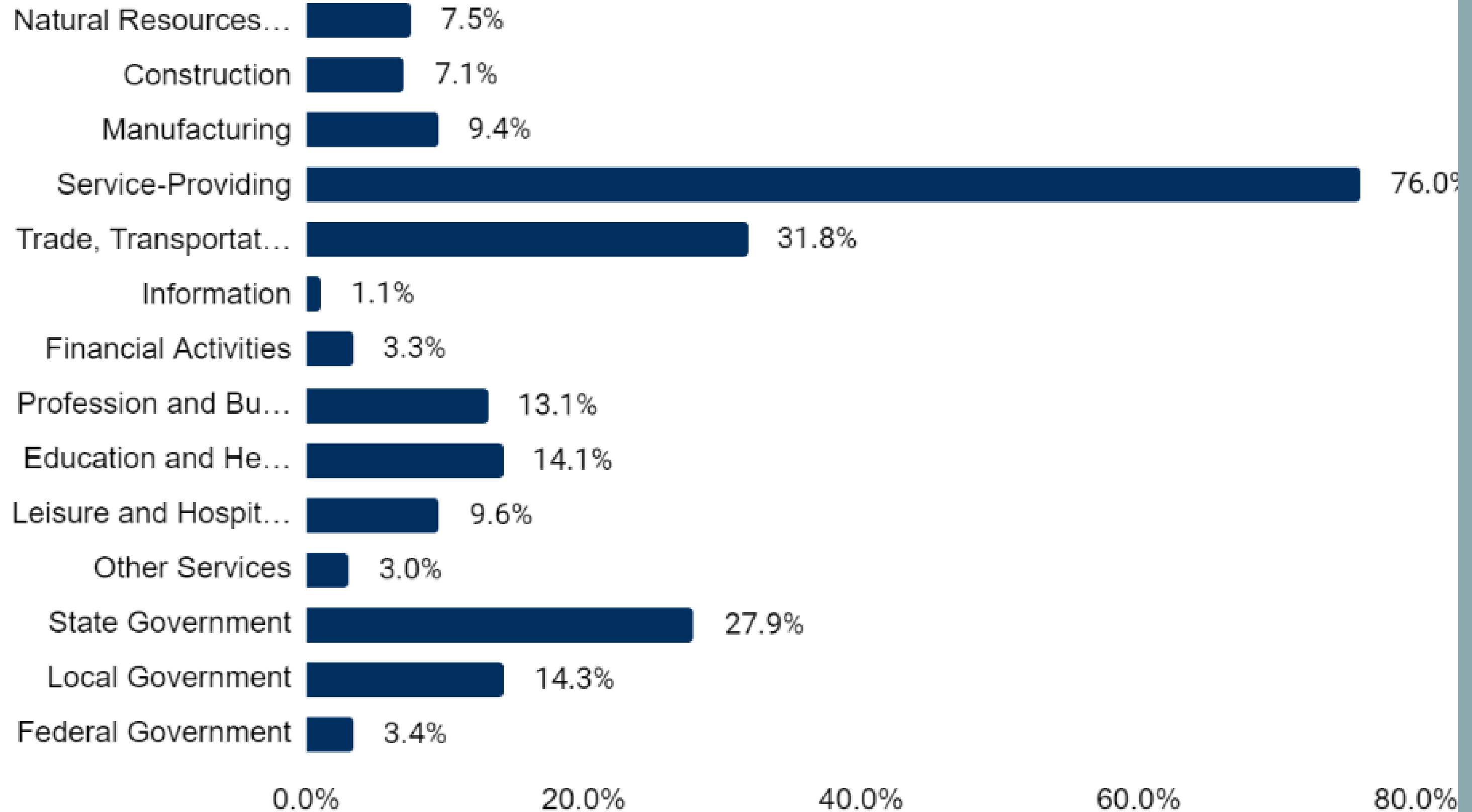
College Going Rate for High School Students



Percent of Students who Graduated and Met UC / CSU Requirements



Employment Rate by Industry Cluster



College and Career Readiness

Community Partners Say...

Workforce development is key, especially for folks from diverse backgrounds and cultures

Youth need to work to help support their families

Foster & youth transitioning into adulthood need employment support

Limited funding available to provide work-based learning opportunities

College and Career Readiness

Youth Say...

There is too much academic pressure on Davis students, you see kids breaking down and crying from the expectations

We're [rural youth] not expected to perform at a high level, just pass and not fail

Our school doesn't teach us how to get ready for the real world, only how to pass tests

Our school's education is not relevant, and it doesn't cater to our specific learning style and needs

Accessible and Affordable Child Care



Conditions in Yolo County

Yolo County Child Care Needs Assessment

- Child care is unaffordable for lower-wage earning families
- There are not enough subsidized childcare slots for both infants and school-aged children (ages five to 12)
- We need over 10,000 additional slots to meet county requirements for needed childcare slots for working parents eligible for subsidies

Yolo County Median Household Income **\$78,146**

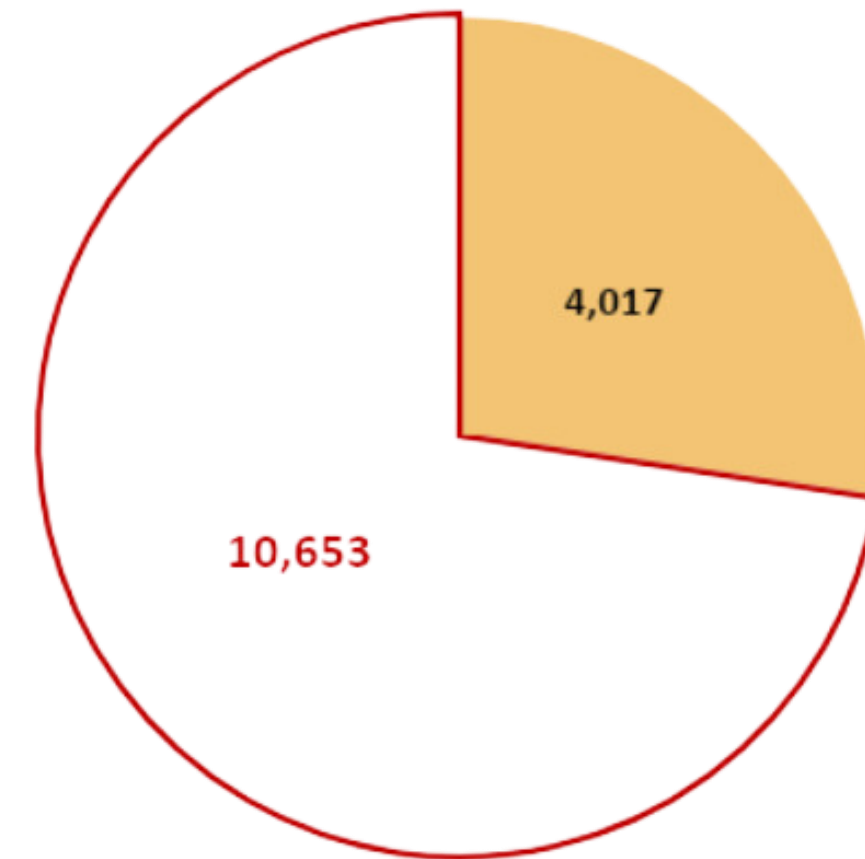
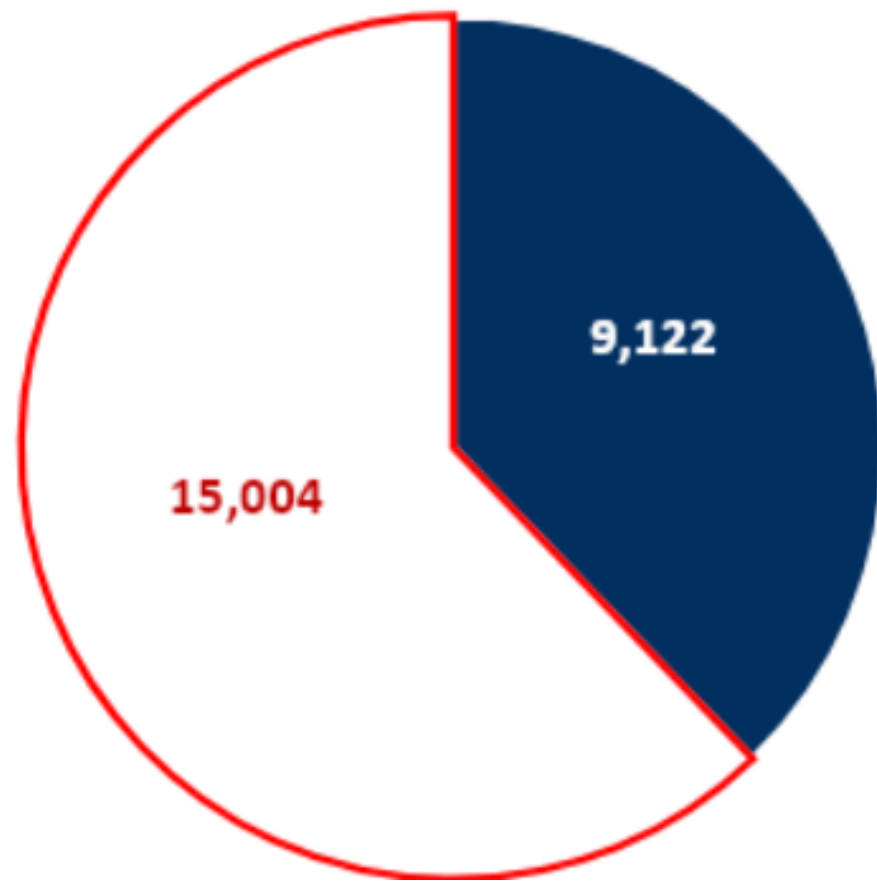
Licensed Center (full time)

\$36,712

Licensed Family Home (full time)

\$25,116

Average Annual Child Care Cost for Infant and Preschool Age Child



Child Care Supply and Demand

Subsidized Child Care Supply and Demand

Accessible and Affordable Child Care

Community Partners Say...

Affordable or subsidized child care is often not available to parents due to qualifying income thresholds

Lack of child care slots prevents parents from going back to work

Support for quality child care instruction and diverse teachers

There is an increased need for infant care along with overall capacity challenges

The disparities in resource allocation, support services, and infrastructure between urban and rural areas are clearly reflected.

Strong county-wide themes indicate an increased need for both youth enrichment activities and resources to address youth basic needs.

Community members and partners expressed concern about what happens next, who will continue leading county-wide collaboration, and who ensures moving from ideas to action.



Thank You



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Community Inspired Solutions



Tony Kildare

**Child, Youth & Family Branch Director
Health and Human Services Agency**

Youth Mental Health Update

- Overview of Mental Health Services for children/youth
- K-12 School Partnerships Program

Tony Kildare, LCSW
Child Youth & Family Branch Director
Yolo County Health & Human Services Agency
Tony.Kildare@yolocounty.org



Youth Mental Health Services

Funds for County MH Services

- 2011 Realignment
- 1991 Realignment
- Federal Financial Participation (FFP)
- Managed Care Plan (Partnership)
- Mental Health Services Act (MHSA)
- All other funds (grants, partner agency contributions, etc)

Programs Include:

- EPSDT services
- Full Service Partnership Program
- Wraparound Services
- Early Childhood MH Access & Linkage
- College Partnership Program
- K-12 Partnerships Program



Origins of K-12 School Partnership

- In 2004, California voters approved Prop. 63, or Mental Health Services Act (MHSA), which implemented a 1% income tax and raises \$2 billion annually to support mental health.
- In 2019, the state budget allocated \$40 million in one-time funding for school-county mental health partnerships (Mental Health Student Services Act Grant).
- In 2020–2021, Yolo County was awarded \$5.1 million grant funds to implement and grow this partnership over five years (ending December 2026).



Program Funding

- One of goals of the K-12 School Partnership Program is to identify funding to make the program **permanent**, **sustainable** and **collaborative**.

Mental Health
Services Act
(MHSA)

Prop 63

\$1.1 million/year (21-22)

\$3 million/year (22-23)

Mental Health
Student
Services Act
(MHSSA)

Grant Funding
\$1 million/year

Medi-Cal
Funding

- Combination of permanent, matching and one-time state and federal funding

Tiered Mental Health Framework

Intensive Intervention

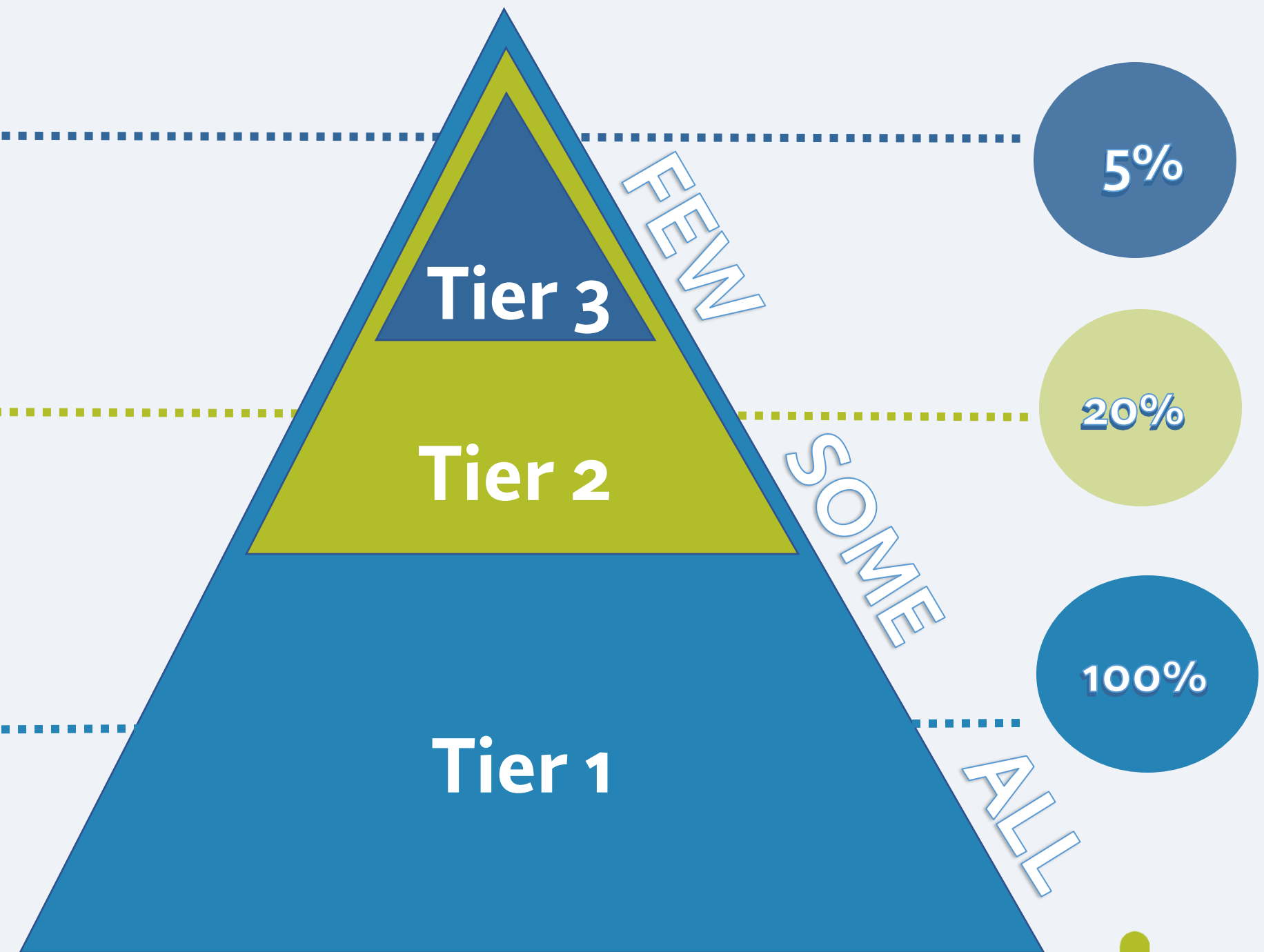
- Individualized therapeutic interventions for youth with significant concerns
- Rapid linkage to long-term and intensive care

Targeted Intervention

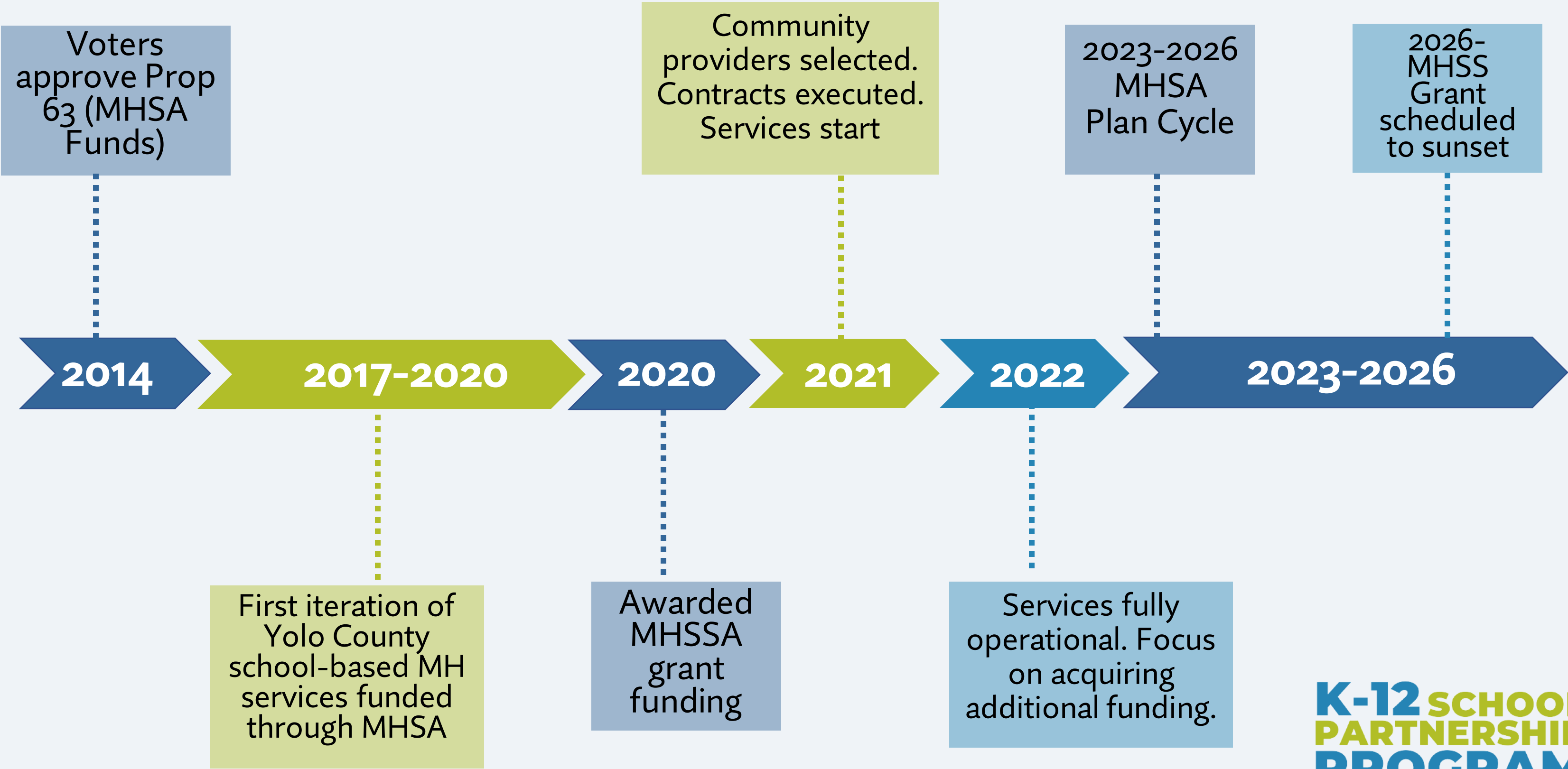
- Mental health screening for youth with at-risk behavior
- Expanding school-based mental health interventions to include group interventions
- Resource referrals

School-Wide Intervention

- Awareness and wellness activities
- Training and coaching staff
- Developing youth systems of mutual support
- Stigma reduction



Program Timeline



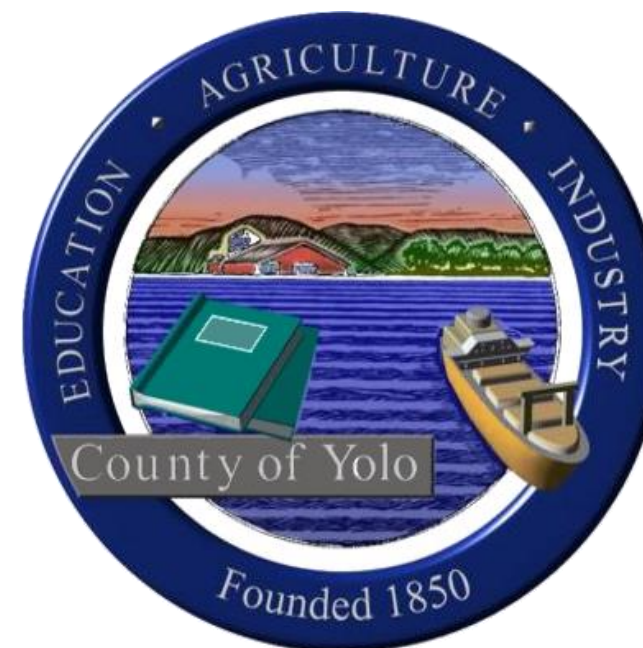
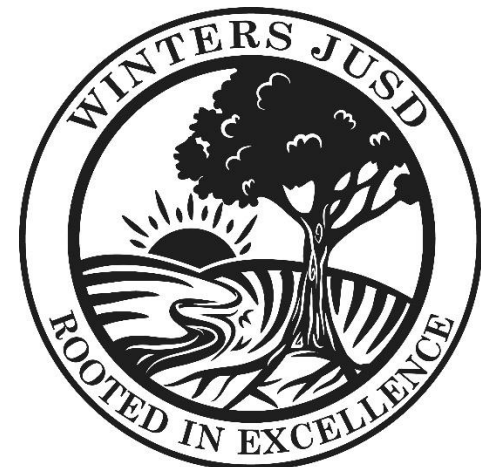
Q&A



K-12 SCHOOL PARTNERSHIP PROGRAM



Helping Others Soar





Yolo Youth Commission



Letter to Future Self

Using drawings and sketches design an ideal future for your future self



YOLO YOUTH WORKSHOP



Letter to future self

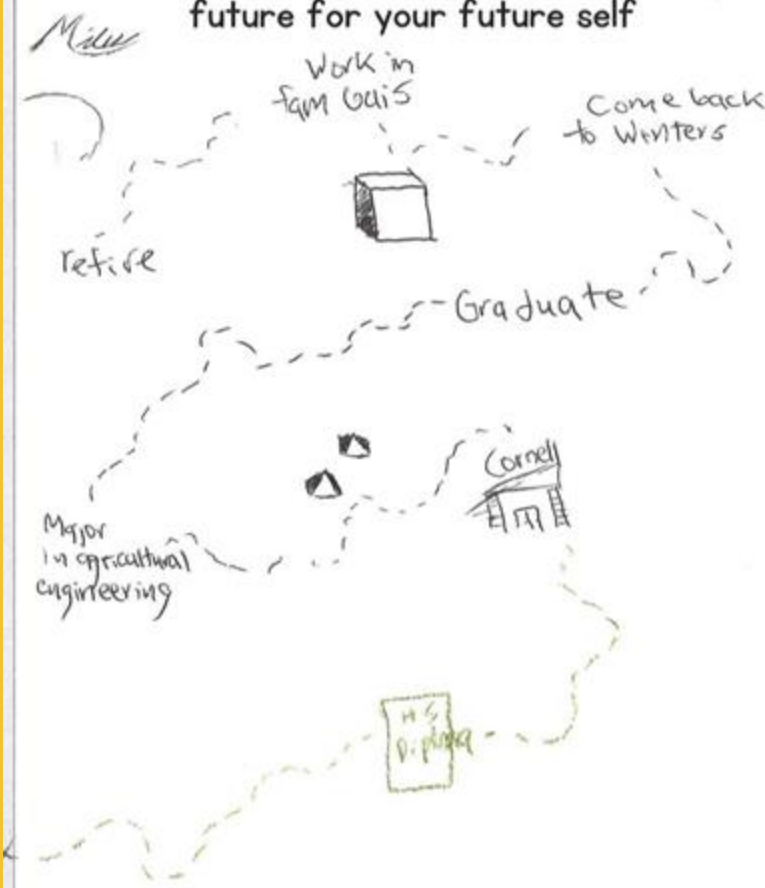
MAY, 6 2023

Dear Future Self,

I want to be a doctor I don't know how but I want to be when I grow up yet just want a good house that will keep me and my future family happy.

Letter to Future Self

Using drawings and sketches design an ideal future for your future self



YOLO YOUTH WORKSHOP



Letter to future self

MAY, 6 2023

Dear Future Self,

I would want to live in a peaceful world and I would want to be a nurse.

YOLO YOUTH WORKSHOP



Letter to future self

MAY, 6 2023

Dear Future Self,

u should have all of this if not pls go get it.

- Good job
- Happy
- Helping people
- Big house
- Better relationship with my parents - this ones iffy
- Work+life balance
- Real friends

YOLO YOUTH WORKSHOP



Letter to future self

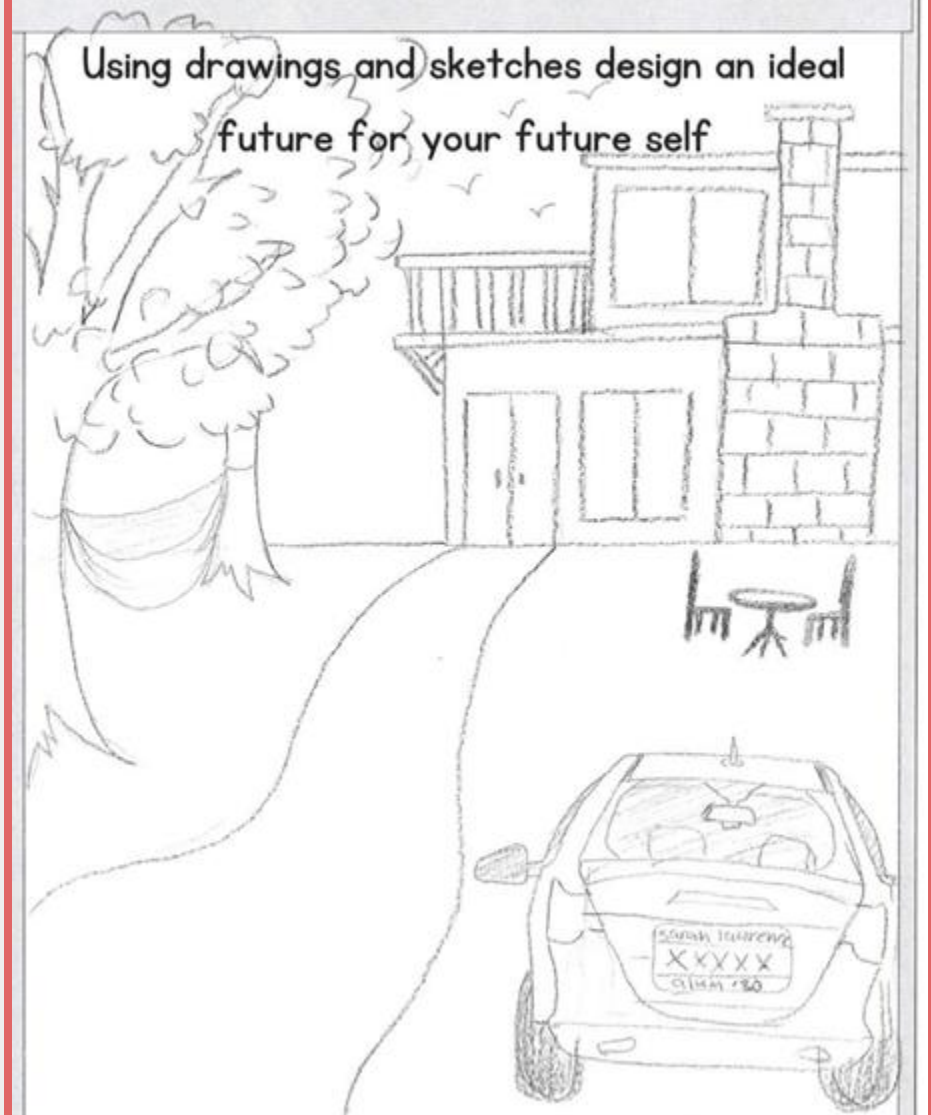
MAY, 6 2023

Dear Future Self,

Have I gotten a PhD in science? Have I become a doctor? I want to be a doctor for my life job it will be like I want. Though I have for my big job in a criminal best job or on the fact to becoming a doctor. Most interestingly have I stopped helping everybody out but myself? I hope so because help shit I hate being a therapist when they can't even check up on you.

Letter to Future Self

Using drawings and sketches design an ideal future for your future self





Board of Supervisors





Yolo Youth Commission





Table Discussions



Table Discussions

1. What stood out while hearing the youth needs assessment? Does it resonate with you? Are there additional needs that should be considered? Youth Commissioners, please share a story from your life that reflects something you heard in the needs assessment.
2. What opportunities exist to fill gaps? Is there any duplication in what we're doing now and/or ways to increase efficiency that would allow us to provide more services? Youth Commissioners, what is an issue in your community that is not being addressed?
3. How can we remove the disconnection and/or power imbalance between adults and youth so they have an equal voice at the table?
4. How do we change the mental health treatment model to better meet youth where they're at (such as talking to a peer, wellness spaces, etc.)? What's working well that we should continue to support and what's missing?



Thank You for Joining Us!